



2017 San Francisco Classic Competition Schedule

Cow Palace

SATURDAY, January 13, 2018

Modified Capitol Cup Format

Session 1		Level 2/3		42	Session 2		Level 4/5/6		52
8:00	-	8:20 Open Stretch			10:00	-	10:20 Open Stretch		
8:05	-	8:15 Coaches Meeting			10:05	-	10:25 Coaches Meeting		
8:20	-	8:30 March In			10:20	-	10:30 March In		
9:50		AWARDS			12:35		AWARDS		
Flight A		LV 2	LV 3		Flight A		LV 4	LV 5	LV 6
VT	Vacaville CA	4	1		VT	Pacific Edge			2
UB	USA Elite	7				Gymtowne SSF			5
BB	USA Elite		10		UB	Demaray's	2		6
FX	USA Elite	6			BB	Vacaville	3		3
Flight B					FX	San Rafael	1		1
VT	San Rafael	2	4			The Cave			3
UB	Demaray's	4	3		Flight B				
BB	Ohana		1		VT	USA Elite	7		
FX					UB	Paulding			2
									5
					BB	USA Elite	2	5	
					FX	CA Sports			1
						USA Sports		4	
Session 3		Level 9/10/XD		9	Session 4		Level 8		42
12:45	-	1:05 Open Stretch			3:10	-	3:30 Open Stretch		
12:50	-	1:00 Coaches Meeting			3:15	-	3:25 Coaches Meeting		
1:05	-	1:15 March In			3:30	-	3:40 March In		
3:00		AWARDS			5:40		AWARDS		
Flight A		LV 9	LV 10	XD	Flight A				
VT	Technique		5		VT	CA Sports			1
UB	Gold Star		1	3		Auburn - CA			5
BB	Technique	8			UB	The Cave			1
FX	Gold Star	4				West Valley			5
Flight B					BB	Ohana			1
VT	USA Sports			1		Gymtowne SSF			4
	Paulding	2	1		FX	Demaray's			2
UB	West Valley		1			Gold Star			2
	CA Sports	3			Flight B				
BB	Accel			5	VT	Technique			6
FX	Auburn - AL		1		UB	Technique			6
	Demaray's	1			BB	Technique			6
	Gymtowne SSF	1	1		FX	Paulding			3
						Gymnastics Zone			2



2017 San Francisco Classic Competition Schedule

Cow Palace

SATURDAY, January 13, 2018

Session 5 Level 7 57

5:50 - 6:10 Open Stretch
5:55 - 6:05 Coaches Meeting
6:10 - 6:20 March In
8:30 **AWARDS**

Flight A

VT	Paulding	2
	Pacific Edge	2
	Titans	3
UB	Technique	8
BB	Auburn - CA	2
	Gymnastics Zone	4
FX	Technique	8

Flight B

VT	Santa Cruz	6
UB	Gold Star	9
BB	CA Sports	1
	Gymtowne SSF	6
FX	Demaray's	3
	West Valley	3



USA GYMNASTICS®
Sanctioned Event



2016 San Francisco Classic Competition Schedule

Cow Palace

SUNDAY, January 14, 2018

Modified Capitol Cup

Session 6	Xcel Bronze	48	Session 7	Xcel Silver	57																																																																	
<p>8:00 - 8:20 Open Stretch 8:05 - 8:10 Coaches Meeting 8:20 - 8:30 March In 9:40 AWARDS</p> <p>Flight A</p> <table style="width: 100%; border: none;"> <tr><td style="width: 15px;">VT WEN</td><td style="width: 300px;"></td><td style="width: 10px; text-align: right;">5</td></tr> <tr><td>UB San Francisco</td><td></td><td style="text-align: right;">6</td></tr> <tr><td>BB Gymtowne SSF</td><td></td><td style="text-align: right;">7</td></tr> <tr><td>FX American Gym</td><td></td><td style="text-align: right;">6</td></tr> </table> <p>Flight B</p> <table style="width: 100%; border: none;"> <tr><td style="width: 15px;">VT Titans</td><td style="width: 300px;"></td><td style="width: 10px; text-align: right;">4</td></tr> <tr><td>UB American Gym</td><td></td><td style="text-align: right;">7</td></tr> <tr><td>BB USA Sports</td><td></td><td style="text-align: right;">6</td></tr> <tr><td>FX American Gym</td><td></td><td style="text-align: right;">7</td></tr> </table>	VT WEN		5	UB San Francisco		6	BB Gymtowne SSF		7	FX American Gym		6	VT Titans		4	UB American Gym		7	BB USA Sports		6	FX American Gym		7	<p>9:50 - 10:10 Open Stretch 9:55 - 10:05 Coaches Meeting 10:10 - 10:20 March In 12:00 AWARDS</p> <p>Flight A</p> <table style="width: 100%; border: none;"> <tr><td style="width: 15px;">VT Gymtowne SSF</td><td style="width: 300px;"></td><td style="width: 10px; text-align: right;">9</td></tr> <tr><td>UB Gold Star</td><td></td><td style="text-align: right;">2</td></tr> <tr><td>Titans</td><td></td><td style="text-align: right;">6</td></tr> <tr><td>BB Gymtowne SSF</td><td></td><td style="text-align: right;">4</td></tr> <tr><td>Champion</td><td></td><td style="text-align: right;">6</td></tr> <tr><td>FX WEN</td><td></td><td style="text-align: right;">6</td></tr> </table> <p>Flight B</p> <table style="width: 100%; border: none;"> <tr><td style="width: 15px;">VT Head Over Heels</td><td style="width: 300px;"></td><td style="width: 10px; text-align: right;">6</td></tr> <tr><td>UB American Gym</td><td></td><td style="text-align: right;">5</td></tr> <tr><td>BB Head Over Heels</td><td></td><td style="text-align: right;">6</td></tr> <tr><td>FX USA Sports</td><td></td><td style="text-align: right;">7</td></tr> </table>	VT Gymtowne SSF		9	UB Gold Star		2	Titans		6	BB Gymtowne SSF		4	Champion		6	FX WEN		6	VT Head Over Heels		6	UB American Gym		5	BB Head Over Heels		6	FX USA Sports		7															
VT WEN		5																																																																				
UB San Francisco		6																																																																				
BB Gymtowne SSF		7																																																																				
FX American Gym		6																																																																				
VT Titans		4																																																																				
UB American Gym		7																																																																				
BB USA Sports		6																																																																				
FX American Gym		7																																																																				
VT Gymtowne SSF		9																																																																				
UB Gold Star		2																																																																				
Titans		6																																																																				
BB Gymtowne SSF		4																																																																				
Champion		6																																																																				
FX WEN		6																																																																				
VT Head Over Heels		6																																																																				
UB American Gym		5																																																																				
BB Head Over Heels		6																																																																				
FX USA Sports		7																																																																				
Session 8	Xcel Gold	54	Session 9	Xcel Platinum	40																																																																	
<p>12:10 - 12:30 Open Stretch 12:15 - 12:25 Coaches Meeting 12:30 - 12:40 March In 2:25 AWARDS</p> <p>Flight A</p> <table style="width: 100%; border: none;"> <tr><td style="width: 15px;">VT American Gym</td><td style="width: 300px;"></td><td style="width: 10px; text-align: right;">6</td></tr> <tr><td>UB Auburn CA</td><td></td><td style="text-align: right;">2</td></tr> <tr><td>Champion</td><td></td><td style="text-align: right;">5</td></tr> <tr><td>BB American Gym</td><td></td><td style="text-align: right;">6</td></tr> <tr><td>FX Gold Star</td><td></td><td style="text-align: right;">2</td></tr> <tr><td>Titans</td><td></td><td style="text-align: right;">4</td></tr> </table> <p>Flight B</p> <table style="width: 100%; border: none;"> <tr><td style="width: 15px;">VT Accel</td><td style="width: 300px;"></td><td style="width: 10px; text-align: right;">7</td></tr> <tr><td>UB Head Over Heels</td><td></td><td style="text-align: right;">8</td></tr> <tr><td>BB Accel</td><td></td><td style="text-align: right;">8</td></tr> <tr><td>FX Ohana</td><td></td><td style="text-align: right;">1</td></tr> <tr><td>Gymtowne SSF</td><td></td><td style="text-align: right;">5</td></tr> </table>	VT American Gym		6	UB Auburn CA		2	Champion		5	BB American Gym		6	FX Gold Star		2	Titans		4	VT Accel		7	UB Head Over Heels		8	BB Accel		8	FX Ohana		1	Gymtowne SSF		5	<p>2:35 - 2:55 Open Stretch 2:40 - 2:50 Coaches Meeting 2:55 - 3:05 March In 4:45 AWARDS</p> <p>Flight A</p> <table style="width: 100%; border: none;"> <tr><td style="width: 15px;">VT Champion</td><td style="width: 300px;"></td><td style="width: 10px; text-align: right;">1</td></tr> <tr><td>Head Over Heels</td><td></td><td style="text-align: right;">4</td></tr> <tr><td>UB Accel</td><td></td><td style="text-align: right;">6</td></tr> <tr><td>BB Ohana</td><td></td><td style="text-align: right;">1</td></tr> <tr><td>Head Over Heels</td><td></td><td style="text-align: right;">4</td></tr> <tr><td>FX Accel</td><td></td><td style="text-align: right;">5</td></tr> </table> <p>Flight B</p> <table style="width: 100%; border: none;"> <tr><td style="width: 15px;">VT Gold Star</td><td style="width: 300px;"></td><td style="width: 10px; text-align: right;">4</td></tr> <tr><td>UB USA Sports</td><td></td><td style="text-align: right;">6</td></tr> <tr><td>BB Paulding</td><td></td><td style="text-align: right;">2</td></tr> <tr><td>Gold Star</td><td></td><td style="text-align: right;">3</td></tr> <tr><td>FX Gymtowne SSF</td><td></td><td style="text-align: right;">2</td></tr> <tr><td>Auburn - CA</td><td></td><td style="text-align: right;">2</td></tr> </table>	VT Champion		1	Head Over Heels		4	UB Accel		6	BB Ohana		1	Head Over Heels		4	FX Accel		5	VT Gold Star		4	UB USA Sports		6	BB Paulding		2	Gold Star		3	FX Gymtowne SSF		2	Auburn - CA		2
VT American Gym		6																																																																				
UB Auburn CA		2																																																																				
Champion		5																																																																				
BB American Gym		6																																																																				
FX Gold Star		2																																																																				
Titans		4																																																																				
VT Accel		7																																																																				
UB Head Over Heels		8																																																																				
BB Accel		8																																																																				
FX Ohana		1																																																																				
Gymtowne SSF		5																																																																				
VT Champion		1																																																																				
Head Over Heels		4																																																																				
UB Accel		6																																																																				
BB Ohana		1																																																																				
Head Over Heels		4																																																																				
FX Accel		5																																																																				
VT Gold Star		4																																																																				
UB USA Sports		6																																																																				
BB Paulding		2																																																																				
Gold Star		3																																																																				
FX Gymtowne SSF		2																																																																				
Auburn - CA		2																																																																				