



2018 National Gymnastics Challenge Competition Schedule

UGA Ramsey Student Center
Volleyball Arena

FRIDAY, MARCH 9, 2018					
Modified Capitol Cup Format					
Session 1V	Level 6	80	Session 2V	Level 8/9/10	64
3:00	-	3:20 Open Stretch	6:35	-	6:55 Open Stretch
3:05	-	3:15 Coaches Meeting	6:40	-	6:50 Coaches Meeting
3:20	-	3:30 March In	6:55	-	7:05 March In
3:30	-	3:45 Warm-Up 1st Event	7:05	-	7:20 Warm-Up 1st Event
6:25		AWARDS	9:45		AWARDS
SATURDAY, MARCH 10, 2018					
Modified Capitol Cup Format					
Session 3V	Level 7/XP	74	Session 4V	Level 4/5	93
8:00	-	8:20 Open Stretch	11:20	-	11:40 Open Stretch
8:05	-	8:15 Coaches Meeting	11:25	-	11:35 Coaches Meeting
8:20	-	8:30 March In	11:40	-	11:50 Warm-Up 1st Event
8:30	-	8:45 Warm-Up 1st Event	11:50	-	12:00 March In
11:10		AWARDS	2:35		AWARDS
4:00pm - UGA GymDogs vs. Boise State					
SUNDAY, MARCH 11, 2018					
Modified Capitol Cup Format					
Session 5V	L1/2/XB	88	Session 6V	Level 3	64
8:00	-	8:20 Open Stretch	10:40	-	11:00 Open Stretch
8:05	-	8:15 Coaches Meeting	10:45	-	10:55 Coaches Meeting
8:20	-	8:30 Warm-Up 1st Event	11:00	-	11:10 Warm-Up 1st Event
8:30	-	8:40 March In	11:10	-	11:20 March In
10:30		AWARDS	12:40		AWARDS
Session 7V	XS	80	Session 8V	XG	50
			Appalachian/Bull Run/Electric City/Elite Stars Haydens/Hilton Head/Stingray/Tampa/Tift/Upstate		
12:50	-	1:10 Open Stretch	3:40	-	4:00 Open Stretch
12:55	-	1:05 Coaches Meeting	3:45	-	3:55 Coaches Meeting
1:10	-	1:20 Warm-Up 1st Event	4:00	-	4:10 Warm-Up Flight I
1:20	-	1:30 March In	4:10	-	4:20 March In
3:30		AWARDS	5:55		AWARDS
Session 9V	XG	52			
Champion/Fusion/Gainesville/GGA Suwanee Unlimited/Rising Star		Gym			
6:05	-	6:25 Open Stretch	USA GYMNASTICS. Sanctioned Event		
6:10	-	6:20 Coaches Meeting			
6:25	-	6:35 Warm-Up 1st Event			
6:35	-	6:45 March In			
8:00		AWARDS			