



# Competition Schedule

Hendricks County Fairgrounds  
1900 E. Main St, Danville, IN 46122

**SATURDAY, February 3, 2018**

**Modified Capitol Cup Format**

Session 1		LV 1/2						37	
9:00	-	9:20 Open Stretch	Flight A	VT The Flip Zone	5	Flight B	VT Anderson	5	
9:05	-	9:15 Coaches Meeting		UB Gymnaworld	4		UB Dance Moves	5	
9:20	-	9:25 Warm-Up 1st Event - Flight A		BB Spectrum Sports	2		BB Anderson	5	
9:25	-	9:35 March In - Team Introductions		The Flip Zone	3		FX Dance Moves	4	
10:40		AWARDS		FX Gymnaworld	4		Fusion	?	
Session 2		LV 3						53	
10:50	-	11:10 Open Stretch	Flight A	VT Dance Moves	6	Flight B	VT Gymnaworld	4	
10:55	-	11:05 Coaches Meeting		UB The Flip Zone	8		Tri-State	4	
11:10	-	11:20 Warm-Up 1st Event - Flight A		BB Spectrum Sports	6		UB Anderson	6	
11:20	-	11:30 March In - Team Introductions		FX Victory	9		BB Gymnaworld	5	
12:50		AWARDS					FX A Plus	5	
							Fusion	?	
Session 3		LV 4/5						48	
1:00	-	1:20 Open Stretch	Flight A	VT Victory	3 LV 5	Flight B	VT A Plus	6 LV 5	
1:05	-	1:15 Coaches Meeting		The Flip Zone	5 LV 4		UB Gymnaworld	6 LV 4	
1:20	-	1:30 Warm-Up 1st Event - Flight A		UB Anderson	2 LV 4		BB A Plus	4 LV 4	
1:30	-	1:40 March In - Team Introductions		Dance Moves	4 LV 4		FX Gymnaworld	5 4L4/1L5	
3:10		AWARDS		BB Victory	7 LV 4				
				FX The Flip Zone	2 LV 5				
				Tri-State	4 LV 4				
Session 4		LV 6						39	
3:20	-	3:40 Open Stretch	Flight A	VT A-Plus	1 Anderson	9			
3:25	-	3:35 Coaches Meeting		UB Gymnastics Lane	1 Tri-State	1	Dance Moves	7	
3:40	-	3:50 Warm-Up 1st Event		BB Anderson	10				
3:50	-	4:00 March In - Team Introductions		FX Gymnaworld	4 The Flip Zone	6			
5:20		AWARDS							



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Session 5	LV 7/8/9/10							52
5:30	- 5:50 Open Stretch	Flight A	VT The Flip Zone	7 6L9/1L10	Flight B	VT Anderson	7 3L9/4L10	
5:35	- 5:45 Coaches Meeting		UB Gymnaworld	5 LV 7		UB Tri-State	8 2L7/4L8/ 1L9/ 1L10	
5:50	- 6:05 Warm-Up 1st Event - Flight A		BB The Flip Zone	7 3L7/4L8		BB Anderson	8 5L7/3L8	
6:05	- 6:15 March In - Team Introductions		FX Gymnaworld	4 LV 7		FX A Plus	1 LV 8	
8:45	AWARDS					Victory	5 3L7/2L9	

**SUNDAY, February 4, 2018**

**Modified Capitol Cup Format**

Session 6	XG/XP/XD							48
9:00	- 9:20 Open Stretch	Flight A	VT Tri-State	8 XG/XP	Flight B	VT The Flip Zone	5 2XG/3XP	
9:05	- 9:15 Coaches Meeting		UB Anderson	6 XG		UB Gymnastics Lane	6 4XG/2XD	
9:20	- 9:30 Warm-Up 1st Event - Flight A		BB Spectrum Sports	3 XG		BB The Flip Zone	5 XG	
9:30	- 9:40 March In - Team Introductions		Victory	3 XG/XP/XD		FX Dance Moves	6 3XG/3XD	
11:20	AWARDS		FX Anderson	6 XG				

Session 7	XB/XS/HUGs							79
11:30	- 11:50 Open Stretch	Flight A	VT Tri-State	3 XS	Flight B	VT Victory	9 XS	
11:35	- 11:45 Coaches Meeting		Dance Moves	6 XS		UB Anderson	10 XB/XS	
11:50	- 12:00 Warm-Up 1st Event - Flight A		UB Gymnastics Unlimited	11 XS		BB Dance Moves	5 XB	
12:00	- 12:10 March In - Team Introductions		BB The Flip Zone	3 XS		Victory	8 XB	
2:30	AWARDS		Gymnastics Lane	6 XS		FX Spirit	3 HUGs	
			FX Spectrum	8 5XB/3XS		The Flip Zone	7 HUGs	